

**CLASS OF 2024**



**FRESHMAN  
ELECTIVES**

## **CULTURAL GEOGRAPHY OR MODEL UNITED NATIONS**

Freshmen are required to take a one-semester Cultural Geography course; the two options are listed below

### **Cultural Geography and Health**

The traditional option pairs one semester of Cultural Geography with one semester of Health.

### **Cultural Geography MUN Honors**

This course is for students who are interested in learning more about world affairs; students research topics, attend conferences, and have more public speaking opportunities than in traditional classes. Placement in Cultural Geography MUN Honors is determined by the SMCHS Entrance Exam. The MUN program begins in freshman year and continues through senior year. Students must take Health before graduation.

# Don't Be Just Another Freshman!

## Join SMCHS Model United Nations (MUN)



### What is MUN?

MUN stands for Model United Nations. Students travel to other schools in Orange County, California, the US, and overseas to compete in academic competitions. These competitions are simulations of the United Nations and the students play the role of delegates representing countries from all over the world. These competitions are one to three days in length and are held on the weekends. The MUN program is integrated into the Social Studies curriculum for those students who are interested in this unique experience. Students must take Cultural Geography / Model United Nations their freshman year to be involved with the MUN program.



### Why join?

- You are looking for challenging yet rewarding courses to take at SMCHS.
- You enjoy researching, debating, and public speaking.
- You enjoy meeting people from other schools, states, and countries.
- You want to take a course that looks good on college applications.
- You want a chance to develop your leadership skills and to be a student leader.
- You want to travel to places like Prague and London.
- You are interested in international affairs.

### What's the commitment?

- Freshman Cultural Geography / Model United Nations is a yearlong course as opposed to the regular Cultural Geography class which is a semester long.
- **MUN students need to take Health class either during the summer or as an elective.**
- Students are required to attend four weekend conferences.
- MUN is a four-year program. While students are not required to be in the program all four years, you may not join unless you have taken Cultural Geography / MUN.
- There is a \$450 yearly program fee to participate in MUN.

### Can you handle the challenge?

We hope so! If you have questions about Cultural Geography/Model United Nations please feel free to email the MUN director Mr. John Remmell: [remmellj@smhs.org](mailto:remmellj@smhs.org)

Visit the website at: <http://www.smhs.org/mun>





## **4100AS CULTURAL GEOGRAPHY**

***(g) UC Approved, NCAA Approved***

This course is required for all Freshmen. Students will study the interaction of people and environments, both physical and cultural. A variety of cultures will be studied, with students analyzing the origin and the nature of cultural relationships and traits. Each student will analyze one culture in-depth in a semester-long study utilizing library research techniques and culminating in a term paper and PowerPoint presentation.

***Length of Course:*** Semester

***Open to Grade:*** 9

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## **8010AS HEALTH**

Santa Margarita's health science program prepares our students to make intelligent and effective decisions that promote physical, social, mental, and spiritual health. More than any other subject, health education has a direct and daily impact on our students' overall well-being.

The science curriculum is based on the California State Health Standards which includes the following units of instruction: Mental Health & Spiritual Health, ( Developing Self-Esteem, Decision Making Skills, Building Resilience, Coping with Stress, Understanding Mental Disorders/ Depression) Social Health, (Building Healthy Relationships, Building Communication Skills, Practicing Abstinence, Bullying Awareness & Prevention) Physical Health ( Nutrition, Fitness & Exercise, Substance Abuse of Alcohol, Illegal Drugs, Prescription Drugs & Tobacco. The Prevention of Infectious Diseases including Sexually Transmitted Infections. Santa Margarita Students will receive CPR / First Aid Training and Certification). Health is a required course at Santa Margarita Catholic High School.

***Length of Course:*** Semester ***Open to Grades:*** 9, 10, 11, 12

***Note:*** Students enrolled in the MUN program must take this course prior to graduation.

## **4110C CULTURAL GEOGRAPHY MUN HONORS**

***(g) UC Approved, NCAA Approved***

This year-long course for academically talented Freshmen combines the study of physical and cultural environments with the hands-on work of representing nations at Model United Nations conferences. Here the student will develop an understanding of current world problems and the research, speaking, writing and thinking skills needed to represent a nation effectively in interscholastic competitions. Fund raising and participation fee are required to cover some of the costs of team travel and supplies for MUN courses. Students enrolled are required to remain in class for the entire year. The required Health course, which would normally be taken as a semester course Freshman year, must be completed in summer school prior to Freshman year or taken as an elective.

***Length of Course:*** Year

***Open to Grade:*** 9

***Prerequisite:*** A minimum standard score of 550 on the HSPT Composite. Students will need to take Health before graduation

***Note:*** Fund raising and a participation fee are required to cover some of the costs of team travel and supplies in MUN courses. Enrollment may be subject to approval

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## **WORLD LANGUAGE OPTIONS FOR FRESHMAN**

### **Mandarin Chinese 1H**

No prior knowledge of Chinese is required.  
Honors placement is based on HSPT scores.

### **French 1 or 1H**

No prior knowledge of French is required.  
Honors placement is based on HSPT scores.

### **Ancient Greek 1H**

No prior knowledge of Greek is required.  
Honors placement is based on HSPT scores.

### **Latin 1 or 1H**

No prior knowledge of Latin is required.  
Honors placement is based on HSPT scores.

### **Spanish 1, 1Aux, 1H or 2H**

No prior knowledge of Spanish is required for Spanish 1.  
Honors placement is based on the **Spanish Placement Test**.  
Spanish 1A is reserved for ASP students.

### **American Sign Language**

No prior knowledge of American Sign Language is required.

Students with advanced language proficiency in a language other than Spanish may be tested for higher levels. Please make arrangements with the department chair, Tom Gerlach in advance of the testing date.

# REQUIREMENTS FOR FRESHMEN

## TESTING INTO SPANISH 1 OR 2 HONORS

### **Spanish 1 Honors Requirements**

#### Alphabet and Pronunciation

- Correct pronunciation of the alphabet

- Clear articulation when speaking and reading aloud

#### Numbers and Time

- Giving dates: months & days

- Telling time: es la/son las vs. a las

- Numbers 1 – 2000

- Age

#### Greetings/Farewells

- Hola, adiós, cómo está, nos vemos, hasta pronto, etc.

#### Verbs

- What an infinitive is, and how to conjugate a verb (present tense, active voice)

- Ser vs. Estar (when to use each) – knowledge of its application in speech and writing

- Tener and its idiomatic uses

  - tener + que + infinitive, + sed, + hambre, + frío /calor, + prisa, + miedo

#### Adjectives and Pronouns

- Adjective agreement (including short forms)

- Possessive Adjectives

- Subject pronouns

- Definite & indefinite articles (e.g. el vs. un)

General vocabulary (covering self, family, and school)

Ability to write a half page essay double spaced, such as an autobiography (Describe self and family)

Conversational interview in Spanish at time of test

## **Spanish 2 Honors Requirements**

### Alphabet and Pronunciation

- Correct pronunciation of the alphabet

- Clear articulation when speaking and reading aloud

### Numbers and Time

- Giving dates: Month/Days

- Telling time – At what time vs. It's (3:15), es la/son las vs. a las

- Numbers 1 – 2000

- Age

### Greetings/Farewells

- Hola, adiós, cómo está, nos vemos, hasta pronto, etc.

### Verbs

- What an infinitive is, and how to conjugate a verb (present tense, active voice)

- Irregular verbs

  - Ser (present & preterite)

  - Estar (present & preterite)

  - Ir (present & preterite)

    - Ir + a + infinitive

  - Tener and its idiomatic uses (present & preterite)

    - Tener + que + infinitive, + sed, + hambre, + frío/calor, + prisa, + miedo

- Mastery of the Present tense

  - Stem-changing verbs

  - Reflexive verbs

- Knowledge of the Preterite tense – Regular and Irregular and its application

### Adjectives and Pronouns

- Adjective agreement (including short forms)

- Possessive Adjectives

- Subject pronouns

- Definite & indefinite articles (e.g. el vs. un)

- Direct and Indirect Object Pronouns

- Reflexive Pronouns

- Intermediate level vocabulary (e.g. self, family, school, travel, health, food, sports, transportation)

- Ability to write a full page essay doubled spaced (e.g. describing a family trip, planning a summer outing, etc.)

- Conversational interview in Spanish at time of test

  - Students are able to ask and answer questions about such things as family, school events, and celebrations in person or via letters, email, or audio and video tapes.



### **5110A SPANISH 1**

**(e) UC Approved, NCAA Approved**

Spanish 1 introduces the student to the Spanish language and Hispanic cultures. The emphasis is on language production, i.e. speaking and writing, and on language reception, i.e. listening and reading.

**Length of Course:** Year

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### **5110C SPANISH 1 HONORS**

**(e) UC Approved, NCAA Approved**

Spanish 1H introduces the student to the Spanish language and Hispanic cultures at an accelerated pace. The emphasis is on language production, i.e. speaking and writing, and on language reception, i.e. listening and reading. The course is designed for students who have studied Spanish in junior high.

**Length of Course:** Year

**Prerequisites:** Dependent on score on the SMCHS Spanish placement exam.

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### **5210A FRENCH 1**

**(e) UC Approved, NCAA Approved**

French 1 introduces the student to the French language and culture. The emphasis is on language production, i.e. speaking and writing, and on language reception, i.e. listening and reading.

**Length of Course:** Year

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### **5210C FRENCH 1 HONORS**

**(e) UC Approved, NCAA Approved**

French 1H introduces the student to the French language and culture at an accelerated pace. The emphasis is on language production, i.e. speaking and writing, and on language reception, i.e. listening and reading.

**Length of Course:** Year

**Prerequisites:** Placement in French 1 Honors is dependent upon the student's HSPT scores.

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### **5310C LATIN 1 HONORS**

**(e) UC Approved, NCAA Approved**

Latin 1H introduces the student to the Latin language and Roman culture, history, and philosophy at an accelerated pace. The emphasis is on sight translation and reading comprehension.

**Length of Course:** Year

**Prerequisite:** Placement in Latin 1 Honors is dependent upon student's HSPT scores.

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### **5410C ANCIENT GREEK 1 HONORS**

**(e) UC Approved, NCAA Approved**

Ancient Greek 1H introduces the student to the Attic Greek language and Greek culture, history, and philosophy at an accelerated pace. The focus is on sight translation and reading comprehension.

**Length of Course:** Year

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### **5560C MANDARIN CHINESE 1 HONORS**

**(e) UC Approved, NCAA Approved**

Chinese 1H introduces the student to the Chinese language and culture at an accelerated pace. The emphasis is on language production, i.e. speaking and writing, and on language reception, i.e. listening and reading. Students will learn pin yin (phonetic Chinese) and simplified characters.

**Length of Course:** Year

**Prerequisite:** Placement in Mandarin Chinese 1 Honors is dependent upon student's HSPT scores.

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### **5610A AMERICAN SIGN LANGUAGE 1**

**(e) UC Approved, NCAA Approved**

Students are introduced to the basic knowledge of American Sign Language (ASL) and the Deaf culture. Students develop basic skills in vocabulary and grammar to meet basic communication needs. Emphasis is placed on acquisition of both comprehension and expressive skills via signing in front of their class, with a partner, in a small group and in large group participation.

**Length of Course:** Year

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## Auditions for Performing Arts 2020-2021

Thank you so much for your interest in Performing Arts. For the well-being of our students, parents, community and employees – we are working off-site as the SMCHS campus is closed. Therefore, auditions for placement in advanced classes will be unique. Most of our entry level classes do not require an audition. Please see each discipline for details regarding auditions/placement in advanced classes.

**Instrumental Music:** No auditions are required for students interested in Classical Guitar 1. Online auditions will be available for Wind Ensemble, String Orchestra, String Orchestra Honors, and Classical Guitar Ensemble 2. Please contact Michael Whang at [whangm@smhs.org](mailto:whangm@smhs.org) to receive audition information. For Steel Drum/Percussion Ensemble Honors, Intermediate Handbells, and Advanced Handbells, please email Ms. Duncan at [duncana@smhs.org](mailto:duncana@smhs.org)

**Theatre:** No auditions for Theatre 1, Musical Theatre, Advanced Theatre Arts Honors or IB Theatre. Questions should be directed to Mrs. Barth at [bartha@smhs.org](mailto:bartha@smhs.org)

**Dance Auditions:** No audition for incoming Freshman interested in Beginning Dance Class. Audition placement for Intermediate or Advanced (non-Dance team) please email Ms. Kalina at [kalinaa@smhs.org](mailto:kalinaa@smhs.org)

**Dance Team:** Contact Ms. Arielle Kalina at [kalinaa@smhs.org](mailto:kalinaa@smhs.org)

**Choral Auditions:** No Auditions for incoming freshmen interested in Concert Choir or Men's choir. Please email Mr. Calvo to audition for Advanced Women's and Chamber Singers Honors at [calvof@smhs.org](mailto:calvof@smhs.org)

## **7100A CONCERT BAND**

**(f) UC Approved**

Concert Band is a beginning to intermediate level instrumental music class designed for students who wish to learn an instrument, want to continue their study of music and advance to Wind Ensemble. The course emphasizes the fundamental techniques involved in playing and performing on woodwinds, brass, and percussion instruments; sight reading, proper breath control, proper tone production, understanding of musical phrasing, proper care of musical instruments, basic music theory concepts and knowledge of understanding of musical symbols and terminology. The class includes performing, which provides an opportunity for the student to put into practice what he/she has learned in class.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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## **7110C WIND ENSEMBLE HONORS**

**(f) UC Approved**

Wind Ensemble Honors is an advanced instrumental ensemble class open to all students with prior musical experience on woodwind, brass, and/or percussion instruments. They will learn wind band repertoire ranging from advanced High School to University Level.

Mandatory performances include, but not limited to, Fall Concert, Promotional Concerts, the Christmas Production (mandatory), Festivals, Spring Concert and the Pops Concert.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

**Prerequisites:** Audition and Director's Approval.

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## **7122A STEEL DRUM/PERCUSSION ENSEMBLE**

**(f) UC Approved**

This is an introductory instrumental ensemble class open to all students wishing to learn performance techniques on Trinidadian steel drum set, and other percussion instruments. Students in this class will begin the year covering topics of basic music theory, rote learning, technical and reading studies, and progress into its performance application on steel drums, snare drum, marimba, drum set, auxiliary percussion, and hand drums. Repertoire includes standard music for steel band, percussion ensemble, wind ensemble/orchestra sectionals, and solos/etudes. Historical appreciation of the steel drum, respect to Trinidadian tradition, and aesthetic appreciation of cultural differences will be emphasized.

Performances may include but not limited to Fall/Spring Concerts (mandatory), Christmas Production (mandatory), Music Festivals, Open House, Mother's Club Fundraiser, and community performances. Students will also prepare a Fall Semester final exam jury where they will need to demonstrate proficiency Major/Chromatic scales and sight-reading. Students with a strong knowledge of reading musical notations, pitches and rhythm are encouraged to audition for the Honors class

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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## **7122C STEEL DRUM/PERCUSSION ENSEMBLE HONORS**

**(f) UC Approved**

This is an advanced instrumental class open to students with prior musical training. Students will cover topics ranging from technical studies, music theory/history, rote learning, and musical expression through performance on Trinidadian steel drums, marimba, drum set, hand drums, and other percussion instruments. Repertoire includes standard music for steel band, percussion ensemble, wind ensemble/orchestra sectionals, and solos/etudes. Historical appreciation of the steel drum, respect to Trinidadian tradition, and aesthetic appreciation of cultural differences will be emphasized. Performances may include, but not be limited to: Fall/Spring Concerts (mandatory), Christmas Production, music festivals, Open House, Mother's Club Fundraiser, and community performances on and off-campus. A fall semester-final exam jury demonstrating technical and musical proficiency on all major scales/chromatic/minor scales (by memory), and sight-reading will be required. A spring final project is also required, and can include one of a variety of topics, such as an original musical arrangement/composition, a solo performance, a research project, an original poster/program, or an original music video.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

**Prerequisites:** 7122A and/or audition with

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## **7123A CLASSICAL GUITAR ENSEMBLE 1**

This is an ensemble class open to all students with previous ensemble music or music theory experience. Students in this class must have basic knowledge of music notation and rhythms as well as its application to the classical guitar. They will learn Ensemble Classical Guitar repertoire from the Renaissance period through the 21<sup>st</sup> Century music period. Performances may include but not limited to the Fall Concert, the Christmas Recital, and a Spring Concert. Materials for this class include: classical nylon string guitar, foot pedal, pencil, and Frederick Noad's Solo Guitar Playing Book 1. Due to heightened interest in this course, enrollment will be limited.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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## **7143A STRING ORCHESTRA**

**(f) UC Approved**

String Orchestra is an intermediate level performing instrumental class designed for students who wish to continue their study of music through the string instrument medium. This course requires prior experience. It includes a study of note reading; sight reading; basic theory concepts and knowledge of musical symbols and terminology. Also included is the study of tone production, posture, hand position, bowing techniques, as well as proper care, handling, and storage of musical instruments. In addition, the class provides performance opportunities to develop the performance skills acquired in class. Mandatory performances include, but not limited to, are the Fall Concert, Promotional Concerts, the Christmas Production (mandatory), Festivals, Spring Concert and the Pops Concert. Students will also prepare a Fall Semester final exam where they will be individually assessed on various performance based music criteria.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

**Prerequisites:** Audition and Director's Approval

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### **7150A BEGINNING HANDBELLS**

**(f) UC Approved**

This course, one of the most unique courses in the curriculum, is designed to introduce interested students to the art of handbell ringing. Students with no prior ringing experience, or students with some musical experience in another instrument, are encouraged to participate in this course. In this class, students will learn the following: basic handbell ringing techniques, fundamentals of music theory and performance skills. All performances are an important component and a requirement in this class. Therefore, students must attend some performances outside of the regular school day. Fall and Spring concerts are mandatory. This class fulfills the Fine Arts requirement for graduation.

**Length of Course:** Year      **Open to Grades:** 9,10

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### **7151A INTERMEDIATE HANDBELLS**

**(f) UC Approved**

This course is designed for students with a basic understanding of music notation and handbell techniques. Students with prior ringing or instrumental music experience are encouraged to participate in this course. In this class, students will learn moderately difficult handbell repertoire. All performances are an important component and a requirement of the class. Therefore, students must attend some performances outside of the regular school day. Participation in the annual SMCHS Christmas Production is mandatory. This class fulfills the Fine Arts requirement for graduation.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12  
**Prerequisites:** Beginning Handbells and/or Director's approval.

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### **7158A CONCERT CHOIR**

**(f) UC Approved**

This choral ensemble class is designed to introduce students to the art of choral singing. This is an entry level class designed for the student with little or no vocal music experience. Students will learn the fundamentals of singing technique; the basics of music theory and sight-singing and performing various pieces of music. Performance is an important component in this art; therefore, students are required to attend some performances outside of the regular school day. Participation in the annual SMCHS Christmas Production is mandatory. This class fulfills the Fine Arts requirement for graduation.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **7160A MEN'S CHORUS**

**(f) UC Approved**

This choral ensemble class is designed to introduce boys to the art of choral singing. Students will learn fundamentals of vocal technique, demonstrate it at performances, and develop comprehensive musicianship within the choral rehearsals through a sequenced study of music theory. Performance is an important component in this art. Therefore, students are required to attend school masses and some concerts outside of the regular school day. Participation in the annual SMCHS Christmas Production is mandatory. This class fulfills the Fine Arts requirement for graduation. Boys only.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **7162C ADVANCED WOMEN'S CHORUS H**

**(f) UC Approved**

Advanced Women's Chorus is an auditioned women's ensemble. Members of this ensemble must successfully complete an audition with the director. Students who are selected for this ensemble must have adequate knowledge in the fundamentals of music theory, and basic sight-singing, and perform challenging pieces of music. Students are asked to sight-sing or sing extended musical phrases individually. The repertoire for this class (which can include extended works) is varied and requires students to sing in foreign languages. Performance is an important component in this art; therefore, students are required to attend some performances outside of the regular school day. Participation in the annual SMCHS Christmas Production is mandatory. This class fulfills the Fine Arts requirement for graduation. **Girls only.**

**Length of Course:** Year      **Open to Grades:** 9,10,11,12  
**Prerequisite:** Successful completion of Concert Choir or audition and Director's approval.

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### **7203A THEATRE ARTS 1**

**(f) UC Approved**

Theatre Arts 1 is a foundational course designed for students who are interested in furthering their knowledge of drama. Students will study the basic elements of acting, design, and directing through research, rehearsal, and performance of monologues, scenes, improvisation, and ensemble projects. While emphasis will be contemporary theatre, the history of the theatre is included in this curriculum. Students will have the opportunity to study playwriting, dramatic critique, and technical aspects of Classical through current theatre practices. Attendance at Talon Theatre Fall and Spring Productions is mandatory. Participation in the annual SMCHS Christmas Production is encouraged.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **7212A MUSICAL THEATRE 1**

**(f) UC Approved**

This course is an overview of how musical theatre has evolved as an art form from its earliest roots in European Operetta, Vaudeville, and the Jazz Age through the Golden Age of Musical Theatre to the present day. An understanding and appreciation of this theatrical genre will be fostered through the study of musicals such as *Showboat*, *Oklahoma*, *West Side Story*, *Sweeney Todd*, *Les Miserables*, *Wicked*, and *Next to Normal*. Students will be introduced to a range of musical theatre styles, composers, lyricists, and choreographers. Students will learn how this uniquely American art form has reflected changes in society through the years. Throughout the course, students will perform scenes and songs and work together to create an original musical revue. *No musical experience necessary.*

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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**7300A BEGINNING DANCE****7300P BEGINNING DANCE****(f) UC Approved**

Beginning Dance is designed to teach students the basic principles of jazz dance, while incorporating ballet and modern techniques. Students will learn proper techniques for warm-ups, exercises, stretches on the floor, and movement phrases executed across the floor. In addition students are taught compositional elements, dance terminology, dance history, and injury prevention. Performance is a component of this class; therefore, students are required to perform in the Spring Dance Concert. The level of difficulty increases during the Spring semester, thus preparing the student for Intermediate Dance. A dance uniform is required.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12**Note:** This course may be taken as a fine art credit only. Space is limited.**Note:** Please refer to the P.E. Policy. This class may be repeated. Space is limited.

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**7301A INTERMEDIATE DANCE****7301P INTERMEDIATE DANCE** (P.E. Credit)**(f) UC Approved**

This course is open to all SMCHS students; however, student placement in this class is based on a successful audition that is determined by the Director of Dance. Intermediate Dance is a course designed to further student training in dance. Students will learn intermediate warm-ups, floor work, center work, and movement phrases executed across the floor. Students will learn more dance terminology and increase their dance skills. Members of the class will be introduced to group choreography and other concepts related to participation in the dance community. Performance is a component of this class; students are required to perform in the Spring Dance Concert. A dance uniform is required. This course may be taken for P.E. or Fine Art credit. This class may be repeated. Please refer to the P.E. policy.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12**Prerequisites:** Successful audition and teacher recommendation.**Note:** In order to receive PE credit for Dance, you must take two years of intermediate and advanced dance. Space is limited.**7302A ADVANCED DANCE****7302P ADVANCED DANCE** (P.E. Credit)**(f) UC Approved**

This course is open to all SMCHS students. Student placement in this class is based on a successful audition that is determined by the Director of Dance. This course is designed for the highly technical and highly trained dancer. Students will learn warm-ups, and difficult movement phrases executed across the floor, and dance combinations at the advanced level. Dancers at this level should be mentally and emotionally disciplined, and in excellent physical condition. Students will learn that dance is a highly skilled art and should be practiced in a professional manner. Performance is an essential component of this class; students are required to perform in the Spring Dance Concert and the SMCHS Christmas Production. Choreographic skills will be developed. This class may be repeated. Space is limited. A dance uniform is required.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12**Prerequisites:** Successful audition and teacher recommendation.**Note:** In order to receive PE credit for Dance, you must take two years of intermediate and advanced dance. Space is limited.

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**7310A DANCE PRODUCTION****7310P DANCE PRODUCTION** (P.E. Credit)**(f) UC Approved**

This course is open to all SMCHS students. Student placement in this class, based on a student's successful audition, is determined by the Director of Dance. Dance Production is a yearlong course designed to teach the advanced dance student how to be a better performer, and how to view dance (both live performances and via videos) from a critical perspective. Dance techniques of Ballet, Modern and Jazz will be incorporated and students are required to have a solid technical dance background in these areas. Participation in the annual SMCHS Christmas Production and the SMCHS Dance Concert are also required. In addition to on-campus performances, this class will represent SMCHS at competitive Dance Team competitions during the winter/early spring. The dates of these competitions will be arranged as far in advance as possible. Afternoon rehearsals occur three times per week; occasionally early morning and weekend rehearsals will be scheduled. All competitions and rehearsals are required. Participation in outside dance classes and one summer training camp (specified by the Director of Dance) is also required. This course may be taken for P.E. or Fine Art credit.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12**Prerequisites:** Advanced Dance background, Dean's recommendation, and successful audition.



## VISUAL ARTS DEPARTMENT

7401A








# SMCHS

## Visual Arts Department

### Why Take Art?

1. You will meet the fine arts class graduation requirement.
2. Art stimulates creativity, promotes self expression and abstract thinking
3. Art stimulates the brain and promotes problem solving skills needed for jobs in the 21st century.

### Shows

**Annual Santa Margarita Student Art Show & Middle School Art Show**  
**February 20th, 2020**  
**6-8:30pm**  
**Borchard Library**

**Nick Kraus Memorial Segerstrom Show**  
**March 4th, 2020**  
**Segerstrom Performing Arts Center**

**Ongoing Spotlight Artist Exhibit in the Library**



Follow the Visual Arts Dept.  
[@smchvisualarts](https://www.instagram.com/smchvisualarts)

### Contests

**John Wayne Airport Contest**  
**Scholastic Art Contest**  
**Imagination Celebration Festival of Arts**  
**Mission Viejo Film Festival**  
**All American HS Film Festival**

### 2018-19 Contest Statistics

**Students Selected to be Juried**  
**92**

**1st Place**  
**5**

**2nd Place**  
**13**

**3rd Place**  
**9**

### Clubs



**NATIONAL ART HONOR SOCIETY**

The National Art Honor Society program inspires and recognizes students who have shown an outstanding ability and interest in art. The NAHS strives to aid members in attaining the highest standards in art scholarship, character and service, and to bring art education to the attention of the school and community.



## ART

### **(f) UC Approved**

Art is a year-long course. The first semester is an introductory course in which the basic techniques are taught. During the second semester we will further develop the techniques taught in the first semester. This course is designed for the student that is serious about learning more about art, but no prior skills are necessary. Students will explore a variety of exercises and projects using a variety of materials throughout the semester. Students learn a process of art-making and will keep an on-going sketchbook in which they put preliminary drawings for their designs, class notes, self-evaluation, etc. Sketchbook is digitally maintained. It is expected that students will read about, write about, and speak about art. Art journals are read and responded to throughout the year. In the second semester the student reads about, writes about, speaks about, and evaluates art work, but on a more advanced level, and with a greater emphasis on developing personal style and understanding the elements and principles of design. A research project related to art is also completed.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **7407A DRAWING**

#### **(f) UC Approved**

This is an intermediate drawing course that has a prerequisite of a satisfactory completion of Art or equivalent Middle School Art portfolio. Students will explore and refine their use of various drawing media through a variety of subject matters including still life, portraits, photorealism, landscapes, and illustrations. Each student will keep an ongoing digital sketchbook, participate in critiques, and research artists and style of art. Students will learn and apply the principles and elements of design to their works of art. Students will build upon their skills and move towards creating meaning in their work as the year progresses.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12  
**Prerequisite:** Art or Satisfactory Portfolio Review.

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### **6213A GRAPHIC DESIGN**

#### **(f) UC Approved**

This course is designed for students who are interested in the art, language, business and career concepts of and about 2-Dimensional design utilizing the computer and Adobe Photoshop software. Students will learn and apply the principles of design to manipulate images in a digital format and produce project based graphic art under production deadlines. Some of the design techniques include: fundamentals of color management, photo retouching, imaging, special effects, layers, filters and masks. Students must be highly motivated and able to work independently.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12  
**Note:** Adobe Creative Cloud is supplied on student devices.

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### **7440A 3-D SCULPTURE AND DESIGN**

#### **(f) UC Approved**

3-D Sculpture and Design is an introductory class in which basic building techniques and materials will be taught in the production of 3-dimensional sculpture. In addition to basic sculpture techniques, the elements of 3-dimensional design will be learned as they apply to the projects at hand. This class will approach sculpture and

design from a fine arts perspective; therefore, aesthetics and design will be addressed, as well as skill and craftsmanship. Students will learn the process of art-making with keeping an ongoing sketchbook, in which will be preliminary drawings for design, evaluation and reflections on their own work. It is expected that students will read, write, and speak about design and sculpture. Art history/research projects will be completed by each student and submitted in written form.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **7450A PHOTOGRAPHY**

#### **(f) UC Approved**

The photography art student must have a digital "manual" 35mm camera. Each student will be responsible for having at least 4 projects per grading period, and some pictures enlarged through an outside lab. The student will learn and explore observational skills, photographic techniques, and "photography as art" concepts relating to art history and art philosophy. While learning how to use the camera, and how cameras work, the student will explore photography within different genres (portraits, landscape, interior and exterior space, sport, etc.). In addition, students will be learning computer programs that will further their understanding of the photographic process. They will explore simple techniques in Adobe Photoshop and photo editing processes.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **6000A FILM 1**

#### **(f) UC Approved**

This course introduces students to the world of video production, including camera operation, editing, script writing, and how to successfully communicate your story. Each student will gain hands-on experience of single camera (film style) productions. No prior experience is required for this course.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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### **6217A FILM AS ART**

#### **(f) UC Approved**

This course introduces students to the art, language, business and career concepts of and about the international motion picture industry. Students are required to learn the process of how a film is made from idea to seeing the idea on the silver screen. The students are taught to "read" a film, analyzing its structure, genre, technical and artistic factors and purpose. Students study the wide variety of careers required to make films and support the motion picture industry. Lastly, students learn how to view film, talk about film, write about film, critique films and research film. Also, with film viewing, students analyze film, research topics on specific areas of the motion picture industry, write original short scripts, create a short film of their own and do the necessary preparation to make a million-dollar feature film.

**Length of Course:** Year      **Open to Grades:** 9,10,11,12

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## **6219A TELEVISION PRODUCTION**

**(f) UC Approved**

This course is designed to teach students the skills needed for producing studio multi-camera television shows. Students will learn about the entire television production process (both technical and professional), the three different phases of production (pre-production, production and post-production), and taking on different production elements including: creating a timeline, organizing and scheduling talent, and writing and developing segments. This class will also

present the historical, programming, physical, legal, social and economic aspects of television production. The course will prepare students for college internships and careers in studio production. This class presents an outstanding opportunity for students to learn the craft of producing television features, stories, profiles and interviews outside the formal television studio setting. Students will learn the many exciting and rewarding aspects of television in front of and behind the camera.

***Length of Course:*** Year      ***Open to Grades:*** 9, 10, 11, 12

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# **PHYSICAL EDUCATION DEPARTMENT**

## **Physical Education Policy**

All students at Santa Margarita Catholic High School are required to complete two (2) years (20 credits) of Physical Education in order to graduate. This requirement can be met in the following ways:

### **Regular P.E. Classes**

- Completion of 2 years (20 credits) in a Physical Education class at SMCHS, either during the regular seven period day, (first priority given to seniors), or during summer school (space permitting and first priority given to seniors). Summer school classes must have a minimum of 20 students and will count as 5 credits per semester or session. Students may take summer school P.E. both sessions if space is available and can earn a total of 10 credits for both sessions.
- Students may earn 5 P.E. credits per semester by being a Student Athletic Trainer/Manager. Space is limited in this semester long course, and students must be recommended by the school's athletic trainer before signing up.
- Students may earn up to 20 P.E. credits for 2 years participation in Beginning, Intermediate and/or Advanced Dance. Beginning Dance may be taken as a fine art credit only.
- You must have a current physical on file to participate in any Physical Education class.

### **CIF-Sanctioned Sports**

- Participation in a CIF-Sanctioned Sport offered at SMCHS. Only those CIF-sanctioned sports that are offered on our campus will be approved for credit. This includes the following sports: Baseball, Basketball, Lacrosse, Cross Country, Football, Golf, Soccer, Softball, Swimming and Diving, Tennis, Track and Field, Volleyball, Water Polo and Wrestling.
  - **Two years** of continuous participation in a **year round sport** will satisfy the full 20 credit requirement for graduation. CIF-sanctioned year round SMCHS sports include: Baseball, Boys Basketball, Girls Basketball, Football and traditional Sport Cheer (Competition Team)I. If a student fails to complete the 2 year commitment, 5 credits per semester will be earned.
  - **Four years** of participation in a **seasonal or semester sport** will satisfy the full 20 credit requirement for graduation. CIF-sanctioned seasonal SMCHS sports include: Cross Country, Golf, Lacrosse, Soccer, Softball, Swimming and Diving, Tennis, Track and Field, Volleyball, Water Polo, and Wrestling. If a student fails to complete the 4 year commitment, 5 credits per season will be earned.

A maximum of 10 credits per year may be earned through participation in the CIF-sanctioned sport. **If a student is dropped or withdraws from the sport before meeting the 2 or 4 year commitment (stated above), he or she must earn the additional credits needed to total 20 prior to graduation.** These additional credits may not be earned off campus; the remaining P.E. credits needed for graduation must be earned on the SMCHS campus.

### **CIF Non-Sanctioned Sports**

- The following SMCHS-affiliated activities: Equestrian, Roller Hockey, and Surfing will receive a maximum of 5 credits per year. These activities must have a minimum of 90 hours per year in order to receive 5 units of credit. (2.5 units per semester)
- The following SMCHS-affiliated activity: Ice Hockey will receive a maximum of 10 credits per year. This activity must have a minimum of 200 hours per year to receive 10 units of credit.

### **Other Options**

- Marching Band – 2 years of continuous participation (1 semester per year) will satisfy 10 credits of P.E.
- Color Guard – 2 years of continuous participation (2 semesters per year) will satisfy 20 credits of P.E.
- Dance Production Team – 2 years (4 semesters) of continuous participation on the Dance Production Team will satisfy the 20 credit requirement for graduation. If a student fails to complete the 2 year commitment, he or she will be required to earn an additional 10 credits of P.E. on the SMCHS campus.
- Sideline Cheerleading/Songleading – 2 years (4 semesters) of continuous participation in Cheerleading will satisfy the 20 credit requirement for graduation. If a student fails to complete the 2 year commitment, he or she will be required to earn an additional 10 credits of P.E. on the SMCHS campus.
- Spring Musical – Cast members will receive a maximum of 5 credits per year. Cast members must participate in a minimum of 200 hours physical activity to receive the 5 units of P.E. credit.

**8020**    **PHYSICAL EDUCATION**  
**8020S**   **PHYSICAL EDUCATION**

The Physical Education curriculum is fitness based and is designed for both new and repeat students. All of the aspects of total fitness will be covered in the course. The course will also include exposure to and instruction in a variety of team and individual sports.

**Length of Course:** Year//Semester

**Open to Grades:** 9,10,11,12

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**8034**    **WEIGHT TRAINING**  
**8034S**   **WEIGHT TRAINING**

This class is a combination of strength training, cross training, and power movements. Students will supplement their workouts with various speed, fitness, core strength drills, and agility drills. This course focuses on improving strength, fitness, and flexibility for injury prevention and agility. The course is designed to offer a higher level of proficiency and more in depth instruction in weight training. Training principles are taught and students learn how they impact a lifetime of physical fitness. Students learn that weight training is a fitness activity with many benefits, including improving personal health, increasing longevity, and quality of life through the reduction of stress.

**Length of Course:** Year/Semester

**Open to Grades:** 9,10,11,12

**Prerequisites:** Previous Physical Education/Participation in Sports or Instructor Approval. Open to both Men and Women.

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**8039**    **FITNESS**  
**8039S**   **FITNESS**

This course will offer students the opportunity to use spin and elliptical machines, participate in instructed classes such as Yoga, Pilates, and Aerobic (kickboxing, step aerobics, light weights, circuit training) workouts. This class will assist students in building and maintaining lifelong physical and mental fitness. Students will be exposed to and have experience with all five components of fitness-cardiovascular strength, cardiovascular endurance, muscular strength, flexibility and body composition.

**Length of Course:** Year/Semester

**Open to Grades:** 9,10,11,12

**Prerequisites:** Physical Education/Participation in Sports or Instructor Approval.

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**8050**    **STUDENT ATHLETIC TRAINER**

This course is an introduction to the field of sports medicine through a semester long class. This class teaches the techniques of athletic training through observation and lecture. Students will be assigned to a team for home game coverage. This is an after school course that may require late hours after school and manual lifting of equipment.

**Length of Course:** Semester

**Open to Grades:** 9,10,11,12

**Prerequisites:** Approval of Head Trainer.

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**8051S**   **TEAM MANAGER**

Team managers will be responsible for supporting the Head Coach and liaise with all matters relating to the team. Student will work under the direction of the Head coach

**Length of Course:** Entire season of sport as defined by Head Coach

**Open to Grades:** 9,10,11,12

**Prerequisites:** **Completed Contract**, Approval of Head Coach, and approval of the Associate Athletic Director

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**8055S**   **INDEPENDENT STUDY PHYSICAL EDUCATION**

The Independent Study Physical Education course is designed for students who are already participating in a committed, sustained, and organized approved physical activity pursuit. Examples include competitive ice skating, gymnastics, crew, martial arts, or ballet. All applications for Independent Study PE must be signed and approved by the PE Coordinator prior to the beginning of the semester. ISPE is not available for sports or activities that are already offered at SMCHS. All independent study activities must be monitored, supervised and verified by a qualified instructor, coach, or trainer. An Independent Study Physical Education course requires personal accountability and maturity. Students enrolled in this course will be responsible for fulfilling the requirements of the ISPE contract, which includes completion of all monthly workout logs and submission of all reports.

**Length of Course:** Semester

**Open to Grades:** 9,10,11,12

**Prerequisites:** Approval of PE Coordinator

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## **OTHER ELECTIVES**

### **9056-58 ACADEMIC SUPPORT**

This is a semester- or year-long graded, non-academic elective course which is only for students enrolled in our Auxiliary Studies Program. This course offers homework help, test preparation, organizational strategies, guidance in essay writing, training in self-advocacy and utilization of ASP accommodations. Some 1:1 tutorials and group study sessions are also conducted. Additionally, students may participate in reading intervention and computer-based programs, and may complete tests with extended time and other special accommodations during this class period. A weekly grade check report is e-mailed home to students' parents.

***Length of Course:*** Year/Sem    ***Open to Grades:*** 9,10,11,12

***Prerequisite:*** Must be enrolled in Auxiliary Studies Program.

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### **9030A TECH CENTER AIDE**

Students will learn the basics of hardware and software used at SM while getting real world experience in technology maintenance and trouble shooting. Students will serve as the first line of support and will be trained to assist staff and students with technology issues. In addition to manning the Tech Center, students will also participate

in online courses and assignments in order to learn Microsoft skills, basic coding, website development etc.

***Length of Course:*** Year    ***Open to Grade:*** 9, 10, 11, 12

***Note:*** There is a contract and application that must be submitted for this course.

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### **9070/S LEARNING STRATEGIES**

This is a semester- or year-long graded, non-academic elective course which is only for students approved by the Assistant Principal of Academics and Curriculum. This five-credit course is designed to be an introduction to learning strategies and to provide each student with an opportunity to assess learning styles, priorities, values, and cognitive skills. This course offers homework help, test preparation, organizational strategies, and guidance in essay writing. The course may also be required for students who fall into academic probation. A weekly grade check report is e-mailed home to students' parents.

***Length of Course:*** Year/Semester

***Open to Grades:*** 9, 10, 11, 2

***Prerequisite:*** Approval of Assistant Principal