



SMCHS SONG

AUDITION INFORMATION

Online Clinics- material will be posted on April 27th -Specific Skills, SM Fight Song & Tryout Dance
Link to the videos will be posted on our webpage- www.smhs.org/song

Audition- Packet & Video submissions are due by Friday, May 1st 9pm
Email all to Coach Danielle- darwazehd@smhs.org

What to Email:

Email to Coach Darwazeh by Friday, May 1st 9pm- please minimize number of emails sent: use one drive/google drive/zip folder.

- ✓ Picture/Headshot
- ✓ Signed Song Rules & Policies
- ✓ Completed Application
- ✓ Letter explaining why you'd like to be Songleader.
- ✓ Waiver- athletic clearance/physicals will be expected to be completed when we resume in person.
- ✓ Screenshot or PDF of Fall Semester Grades and Demerit Record. Songleaders must have min 2.5 GPA.
- ✓ \$50 application fee- <https://smchs.simplertix.com/EventDetails/52175/Time/155272/#.Xk7JwrpFyUk>
- ✓ Videos
 - State name, grade in school next year, where you currently dance
 - Show right & left splits, right pirouettes, toe touch, right leg hold turn/leg tricks, right a la second combo, aerals/kip up/headspring if have them. *If stronger on left, must still send in video of right.
 - SM Fight Song
 - 4 8-counts of specialty skills/improv to song of choice.
 - Tryout Dance

Song Tryout Results:

Tryout results will be posted to our SMCHS webpage www.smhs.org/song under Song Tryouts by Friday, May 8th.

Important Dates:

- 2020-2021 Team Member & Parent Virtual Meeting: May 11th
- Uniform Fitting: We will have parents measure at home & send in sizes based off measuring charts.
- Sports Physical Day: TBA
- UDA Convention Camp: Moved to August 5-8th at JW Marriott Palm Desert (JV & Varsity). *may switch to private camp if needed.
- Vacation Dates: June 28-July 13* may be adjusted based off COVID-19 if needed.

SMCHS SONG RULES & POLICIES

PHILOSOPHY: SMCHS SONGLEADER

The SMCHS Song program is a college-preparatory program that develops each student's dance ability and confidence while emphasizing the formation of team. Each member of the team is responsible for upholding and projecting the goals and ideals of Santa Margarita Catholic High School. SMCHS Songleaders are leaders on campus focused on promoting school spirit and they strive to be at their best at each and every performance, game, and competition on and off campus. It is a privilege to be selected as a member of the SM Song Team and wear the uniform that represents our school.

PURPOSE: The purpose of the SMCHS Songleader is:

1. To support the SMCHS athletic teams and to cheer at football and basketball games.
2. To positively represent SMCHS at spirit/dance competitions both regionally and nationally.
3. To perform at pep rallies, games and special events.
4. To promote school spirit and SM Pride at SMCHS.
5. To be a leader on campus and serve the school and community through active participation.

PARTICIPATION REQUIRMENTS:

- * Song is a 11-month commitment. The season begins in May and ends in April with summer vacation dates (**June 28- July 13**). All other holidays are subject to practices, games and competitions as defined. **CIF Football runs over the Friday of Thanksgiving. Competitions begin in November and run through March. Practices may be held the Saturdays throughout the season and DURING Christmas break & President's Day weekend.** Conflicts may occur with school holidays and will be announced as schedules are available.
- * All members must maintain a 2.5 grade point average each semester and be in good standing with the Dean of Discipline.
- * Students must have all class trips, retreats, and other school events that may conflict with game, practices, or competition schedules approved. If the dates are not cleared and/or approved, the team member may be removed from upcoming performance at the discretion of the coaches.
- * On-campus fall and winter Sports and Activities including MUN travel are not recommended due to conflicts. Spring sports such as track are feasible with written permission and expectations outlined between participants and coaches.
- * Song members in good standing will satisfy the SMCHS P.E. credit after two seasons. Grades are given in Song as an 8th period. To maintain an "A", dancers must follow grading policy outlined below. Grade is based off participation at all team related events.

CONDUCT _____ (initials)

- * Song members are Ambassadors to the school. Members should always conduct themselves properly on and off campus.
- * The following behavior is NOT allowed and may result in dismissal from the squad: smoking, consumption of alcoholic beverages, and use of narcotics. Inappropriate behavior will be reported to the Dean of students for further consequences.
- * Disrespect, dishonesty, and/or negative attitudes will not be tolerated. Such conduct will result in disciplinary action. (i.e. phone call home to parents, detention, benched from game or competition, dismissed from the squad).

- * Parents are also expected to have a Christian attitude toward other Song families within the program, as well as to the Coaches and Administration as outlined in the Parental Involvement section of the Parent Student Handbook.
- * Members should display good sportsmanship, respect for authority, and a Christian attitude towards teammates at all times during practices, games, and competitions. Members that cannot follow the Code of Christian Conduct as outlined in student handbook may receive a Fail for their Song grade and/or be dismissed from the team.

ATTENDANCE: _____ (initials)

- * **Song is your first priority.** Members may not miss or be tardy for reasons other than illness or family emergency.
- * If you are sick, you must notify the Song Head Coach by email and contact the captain prior to practice. You are expected to be at practice when you are sick to sit, watch, and learn corrections if not contagious. Please stay home when you are vomiting, fever, or severe illness.
- * If you are repeatedly ill, you will be removed from routines, games, and possibly the team.
- * SMCHS requires students to be present by the third block to participate in practices, extracurricular activity or school function.
- * Doctor/dentist appointments, driving classes, work, college trips and/or tests and family events are not accepted excuses for missing practices and will be counted as unexcused. Please schedule these at times/days that don't conflict with practice or games.
- * **Competitions may never be missed**, as they require the entire TEAM in order to compete. Any member missing a competition may be removed from future competitions at the Coaches' discretion.
- * The Head Coach sets competition dates. Competitions generally occur December through the end of March and often impact Presidents' weekend. **Practices will be held during Christmas Break.** Competitions are held on Saturdays and Sundays. By becoming a Member of the Song team you are agreeing to the dates that the coaches choose regardless of your personal schedules.
- * A member who has 3 or more absences throughout the summer or recurring absences during the school year may be removed from an upcoming performance or game at the discretion of the coach.
- * Students who quit mid-season will not be eligible to tryout or return the following season.
- * **Students who do not complete the season for any reason will not receive a refund and will be responsible for paying for all items ordered on their behalf. Students who quit after tryouts and their acceptance of their position on the team will be responsible for all items ordered on their behalf to include practice clothes, uniforms, poms, and camp reservations etc.**

PRACTICES: _____ (initials)

- * Summer practices will be 3 days per week plus mandatory dance class.
- * School year practices will be 3 days in addition to games and 1 mandatory dance class.
- * **All practices are mandatory.** The following consequences will apply for missing practices or events and will be assigned at the discretion of the coaches: student will need to take an additional dance class and lose 5 participation points, student will be removed from a game and/ or performance, student removed from competition routine(s), student dismissed from team.
- * If you are sick or injured during the week of a performance or game, you may be removed from that performance, game, and competition. It is up to the discretion of the coaching staff.
- * If you are injured, you must provide a valid doctor's note to release you to practice again. The coaches may or may not put you back in the competition routine, performance, or game based on their discretion and what is best for the entire team and program.
- * If member is removed from routines due to an injury, it is NOT guaranteed that she will be worked back into the routine(s). It will depend on the length of time before the next competition/ performance and the impact it will have on the entire team. She may be worked back into one routine, both routines, or no routines depending on the injury and the impact on the dancer/ team. The injured member is also not guaranteed she

will be placed back into the same spot prior to the injury.

- * Practices are closed to parents, friends, and non-team members. We will notify parents and friends when there are open practices or viewings.

UNIFORMS: _____ (initials)

- * Song Members will be given two uniforms (game and competition) for the season. If your uniform is lost, stolen or damaged, the squad member is responsible for replacing the uniform at their own expense.
- * If you lose your poms, jazz costume, hair bows, accessories, etc. you are responsible for replacing item(s) at your own expense.
- * Uniforms should always be cleaned and hung up on hanger especially if traveling to a game/competition or special performance. Uniforms should never be borrowed or lent to a friend; it is not a costume.
- * While in a performance or practice uniform: no jewelry or body piercing (exception- costume earrings) no gum, no excessive hairstyles or hair coloring or nail polish other than clear or light color. You should always cover your uniform with a t-shirt or jacket before eating or drinking in your uniform.
- * Performance Hair and Make Up: You must arrive to all games and performances with performance ready hair and makeup. Song members are required to wear makeup including eye shadow, eye liner, mascara, and lip stick to games and performances. Your coach will specify your hair style and color shades of makeup and lipstick. Points off, benching and/or consequences will be given to team members that do not follow the performance hair and makeup guidelines.
- * Practice Uniforms: Song members are required to dress in daily practice attire and performance attire that is outlined by their coaches. If a member fails to appear to the coaches' standards, they may incur consequences including but not limited to: points off, detention, removal from a portion or whole performance, probation, and dismissal.

SOCIAL MEDIA:

- * Please see the Code of Christian Conduct and Social Media rules that apply in the student handbook. Violations will be reported to the Dean and they will administer appropriate consequences.
- * Please do not post routines to any Social Media without approval from the Head Coach.

COMMUNICATION:

- * A weekly communication will be sent home from the Head Coach.
- * Email is the preferred method of communication between the Head Coach and participants. Emails go directly to her phone for immediate access.
- * Students are responsible for communicating conflicts with practice times/game etc. at least two weeks prior to the game/practice/performance etc.
- * When ill, students must text the team captain and email the Head Coach prior to event/ practice/game etc.
- * If injured, you may not practice until an official note from the doctor is received. It is at the Coach's discretion when and if you'll be returned to the team performance or competition routine.
- * The communication chain- if an athlete or parent has a concern please follow these steps of communication. Discuss concern by talking or emailing your daughter's Coach and Head Coach, if not resolved, then the Activities Associate Director, Mr. Barry.
- * If you would like to send a message to the team, please email your message to the Head Coach, and she will email the group. Please do not send personal business email messages to our parents/members. Please do not forward entire team contact information or email lists to friends or business acquaintances.

COMPETITION TEAM _____ (initials)

- * SMCHS Song teams participates in local, regional, and national competitions. We are a competitive program that expects to achieve goals and win championships.
- * Members are selected for competition teams based on skill level. It is not based on grade level or your game

line. Each team member will be assigned to a competition team and be evaluated throughout the season for team placement.

- * Competition season begins in November and ends in March.
- * The JV Song/Pom & Jazz teams will compete in the JV Advanced Divisions. (approximately 5-7 competitions)
- * The Varsity Song/Pom & Jazz will compete in the Varsity Advanced Divisions. (approximately 5-7 competitions)
- * Varsity Song & Jazz will travel to Florida to compete at UDA Nationals Dance Team Championship. (January 27-February 1, 2021). We will be attending USA Spirit Nationals in February at the Anaheim Convention Center for BOTH JV & Varsity.
- * All members are required to attend all competitions through the award ceremonies.
- * Members can be removed from a competition team and put on another competition team based on improvements or performing below squad talent level. This can happen at any time, before or during the competition season.
- * If member is removed from routines due to an injury, it is not guaranteed that she will be worked back in the routine(s).

ALL-STAR, DANCE STUDIO & OUTSIDE COMPETITION TEAMS:

- * Song members may participate on an all-star dance or studio dance competition team, however. **if attending the same competition, members can participate in a MAX of 2 performances in addition to SM team performances.** SM must take priority - i.e. in warm-ups, performances, etc. Please inform the Song Head Coach which teams you are participating on so schedules can be worked out ahead of time.
- * Your commitment to SMCHS must always come first. Practices and competitions must not conflict with ANY Song practice, game, competition or required events.
- * At competitions, you are required to warm up with your SMCHS team. SMCHS coach will excuse you to warm up with your All-Star team. During awards you must sit with your SMCHS team.
- * Participating in an All-Star program in addition to SMCHS Song will NOT EXCUSE you from Song responsibilities or required GPA. It is the responsibility of the student and parents to maintain a balance between the two commitments.
- * Any injury occurring at an All-Star or studio dance practice or event must be reported to your SMCHS coach.

RETREAT DATES:

- * Students are encouraged to attend their class retreat; however, it must be approved by the Head Coach. A list of approved retreat dates will be provided at the start of the summer practice schedule. Missing a practice or performance to attend a retreat must be approved by the Head Coach and may result in your removal from a routine and/or performance.
- * Retreat leaders (beyond grade level) must get approved from coach prior to the start of the retreat.

SUMMER CAMPS:

- * UDA Convention Camp – August 5-8th at JW Marriott Desert Springs Resort (Varsity & JV)
- * Pro Action Prep Dance Intensive: June 25 & 26 at Cal State Long Beach (TBA/Optional)

GRADING POLICY:

All Members begin each semester with 100 points, which is an "A". It is their responsibility to maintain their grade by adhering to the above rules. In addition to other consequences, point deductions will be made for the following:

- * Tardy and/or missing part of practice/games/events (i.e. leaving early) -2 points
- * Out of Uniform* -2 points
- * Failure to bring/submit required items on date assigned -2 points
- * Unexcused Absence (practice/games/events) -5 points
- * Non-Dress/Non-Participation -5 points
- * Defiant or disrespectful behavior -5 points

*Out of uniform= incorrect practice clothing, wearing jewelry, no poms.

** Non-Dress/Non-Participation= no shoes or practice wear, wrong uniform, so unable to participate at practice or game.

FINANCIAL OBLIGATIONS:

In past years the program has ranged in cost- JV \$4500 and Varsity \$5100. Based of COVID-19 this year's financial obligation will be determined at a later date.

SIGNATURES: *(Please sign and/or initial below)*

I have read and agree to abide by the Song Rules and Policies, accepting the consequences and possible dismissal from the squad for breaking any of the rules. I also sign this understanding that I, as a parent, cannot change or alter these rules and I am allowing my child to try out for this team knowing that these are the rules and I agree to the terms of the program as it stands.

I understand that I may or may not be selected regardless of past participation. _____

Song/Dance Camps are mandatory to attend during the summer. _____

Dance technique classes will be required for Song over the summer and throughout the year. _____

Students that do not complete the season will pay for all items ordered and no refund will be given. _____

Student's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____





SMCHS SONG APPLICATION

(please fill out completely)

Grade in the FALL:

Student Name: _____ Date of Birth: _____

Student's Email: _____ Student's Cell Phone: _____

Address: _____

City: _____ Zip: _____

Student's Cell Phone: _____ Home Phone: _____

Mother's Name: _____ Mother's cell phone: _____

Mother's Email: _____

Father's Name: _____ Father's cell phone: _____

Father's Email: _____

Student's Current GPA: _____ Current Demerit Record: _____

Medications: _____ Allergies: _____

Insurance Carrier: _____ Policy #: _____

Weekly emails and communications should be emailed to: (please circle)

Mother's Email or Father's Email or Both

Emergency Contact Name and Phone: _____

Please describe your previous dance experience, years of training, knowledge of dance styles.

Please list all performance experience.

Current Dance Studio(s) or All-star Program and are you participating on their competition teams?

Any pre-existing injuries? If so, please list:

Are you planning on attending Summer School? If so, please list dates/times?

Any conflicts with our schedule that you are currently aware of?
