

SMHS Track & Field

Order of events & *approximate* time schedule for **INTRASQUAD** Competition



1.	2:45	Boys Var, F/S, JV & Girls JV 1600m	24.		
2.			25.	3:55	Boys Varsity, F/S & JV 100m
3.			26.		
4.			27.	4:05	Girls JV 800m
5.			28.		
6.			29.		
7.			30.		
8.	3:00	Boys Varsity 4 x 100m	31.	4:10	Boys Varsity, F/S & JV 800m
9.			32.		
10.			33.	4:20	Girls Varsity & JV 300 LH
11.	3:15	Girls JV 100HH	34.		
12.	3:20	Girls Varsity & Boys 100H/110H	35.		
13.			36.	4:25	Boys Varsity & F/S 300IH
14.			37.	4:35	Girls JV 200m
15.			38.	4:40	Girls Varsity 200m
16.			39.		
17.	3:30	Girls Varsity 400m	40.	4:45	Boys F/S & JV 200m
18.			41.	4:50	Boys Varsity 200m
19.			42.		
20.	3:35	Boys Varsity, JV & F/S 400m	43.	5:00	Boys Varsity, JV, & F/S 3200m
21.	3:45	Girls JV 100m	44.		
22.	3:50	Girls Varsity 100m	45.		
23.			46.		
			47.	5:20	Boys Varsity 4 x 400m

Field Events

2:45
 B & G Long Jump
 Boys Shot Put
 Girls Discus
 B & G Pole Vault
 B & G High Jump

App. 4:00
 B & G Triple Jump
 Boys Discus
 Girls Shot Put

Order for Pole Vault
 Boys Varsity
 Girls Varsity & JV
 Boys JV & F/S

Order for High Jump
 Boys Varsity
 Girls Varsity & JV
 Boys JV & F/S