Santa Margarita Girls Volleyball
Parent Meeting
SMCHS COACHING STAFF

Varsity - Coach Katy Daly-Gammon
- Played at Pepperdine University ‘02-‘06
- Coached club volleyball for 17 years
- 15th year here at SMCHS teaching Health/Fitness
- 10th year running the program at SM

2014 - League Champions
2015 - League Champions
2016 - League Champions
2016 - CIF Champions
2016 - Southern California Regional Champions
2017 - Southern California Regional Champions
2017 - State Champions
SMCHS COACH STAFF

Varsity Assistant - Monique Harrison ‘00
- Played at SMHCS
- Played at Colorado University ’96-’00
- 10th year teaching math/admin at SMCHS

Junior Varsity - Tuan Nguyen
- 10th year with SMCHS volleyball
- 24th year coaching club volleyball

Frosh/Soph - MiKayla Dobson
Played at Cal Lutheran
1st year teaching Math at SMCHS
4th year coaching club

Freshmen – Kailey Walker
Played club for 8 years
Varsity player at SM for 3 years
1st year at SMCHS
Mission Statement

Santa Margarita Catholic High School Athletics, through the charism of Caritas Christi – the love of Christ, strives to foster a culture providing the support, environment and infrastructure which empowers our athletic programs to develop life-long skills for the SMCHS student-athlete.
Core Values

Spirituality – Caritas Christi
Community – Unified Purpose
Honor – Do What’s Right
Excellence – Be the Best
PARENTAL EXPECTATIONS

1. Support the coaches at all times. We want what's best for all the athletes.

2. Don’t coach your athlete. Please be there to support!

3. Meet financial obligations on time.
   1. Invoice Sport Fee on 11/10/20 – Pay in Full by 11/16/20 or Set Up Payment Plan with Business Office (Julianna Tredway)
   2. Sport Fee Due in the amount of $1800 Varsity, $1500 JV/FS, $1200 Freshmen.
   3. NO REFUNDS after first contest

4. Fundraising – Media Guide / Golf Tournament

5. Volunteer if possible. Team moms? JV, FS, F please email me! dalyk@smhs.org

6. Adhere to the Spectator Code of Conduct at all times, home and away.
Expectations

Behavior: Athletes are always expected to behave in a manner in keeping with the school’s motto, Caritas Christi. This includes behavior in class, at Mass, at lunch, in the locker room, when dismissed early for events and while on another campus. Athletes are always representatives of SM Athletics, whether as a participant or a spectator.

Dress Code: Athletes should always be in appropriate attire as directed by the Head Coach. This includes in class, on game day, at practice at games and at banquets. Practice shirts/game day polos.

Grades: Athletes should maintain a GPA above 2.0 at all times and remember that academics come first. We are “Student-Athletes”, not the other way around.

Attendance: 1 missed practice = 1 set sit out. Unless for school function.
Parents at SM athletic events represent SM at all times. It is imperative that all parents adhere to the SM Spectator Code of Conduct at all home and away games.

Parents displaying inappropriate behavior may be removed from the event.

SPECTATORS CODE OF CONDUCT

This Code of Conduct applies to ALL persons at ALL times at Santa Margarita Catholic High School.

Show cordial courtesy to visiting teams, officials, and spectators.

Respect the integrity and judgements of coaches, sports officials, and staff.

NO unsportsmanlike conduct including negative behavior or language.

NO person shall intimidate or threaten another person.

NO noisemakers or inappropriate signs.

NO alcohol, drugs, tobacco products, or vaping is allowed.

Unless authorized by school officials, spectators are not allowed on the playing field or playing area at any time.

SCHOOL OFFICIALS RETAIN THE RIGHT TO REFUSE ADMITTANCE OR REMOVE A PERSON($) FROM AN EVENT DUE TO INAPPROPRIATE BEHAVIOR.

THANK YOU FOR VISITING SANTA MARGARITA CATHOLIC HIGH SCHOOL
There are only three approved fundraisers at SMCHS:

1. Blue & Gold
2. Eagle Fund
3. Annual Golf Tournament
ATHLETIC PROGRAM COMMUNICATION PROTOCOL FOR CONFLICT RESOLUTION

Communication concerning SMCHS athletic programs and personnel are welcomed when motivated by a sincere desire to improve the quality of an athletic program and/or an athlete’s participation therein. There are situations that may require a conference between the coach, athlete, and the parent. When these conferences are necessary, please adhere to the following SMCHS athletic communication protocol to resolve the concern:

**Athlete-COACH:** To empower our athletes to learn personal responsibility, they must communicate their concerns/questions directly to their coach before having someone else do this for them. Every effort should be made to resolve the problem at this level.

**Athlete-COACH-PARENT:** If an issue still needs to be resolved after step 1, the athlete and parent(s) or legal guardian(s) should email and set up an appointment with the coach. Communication with a coach regarding a concern should never take place at or immediately after a game or event.

**Athlete-COACH-PARENT-Athletic Director:** If an issue still needs to be resolved after step 2, the Athletic Director will set up a meeting with all those involved.

Please note that since the athlete and coach are the only two people who work together on a daily basis, both should be included in all communications. Remember that playing time and level or position placement are the sole responsibility and discretion of the coach.

After following steps 1-3, any unresolved issues can be referred to the Assistant Principal of Athletics and Principal by submitting an email “statement of concern” (S.O.C). This S.O.C. must include the following: name of coach, specific sport and level of competition, general athletic concern involved, and brief but specific summary of the nature of the issue and the facts surrounding same. Once the completed S.O.C. is received by the administrator in charge of athletics, a meeting including all parties involved will be scheduled for the purpose of resolving the issue.

Any calls or inquiries made directly to administrators will be referred back through this SMCHS communication protocol, unless issues of legality or morality are involved.

Please DO NOT contact the CIF Office directly when concerning Transfer status and questions. Please refer to the Athletic Office.
Sport Goals

The goal of SM athletics is to provide Santa Margarita student-athletes with life-long lessons that foster the enhancement of morals, values, responsibility, leadership, work ethic and spiritual development by providing the best possible athletic environment.

We are a Catholic, educational institution. Every practice and game will start and end with a prayer to help reinforce the school's and athletic department foundational principles.

We want your daughter to have a positive HS experience. To make lifelong friendships, develop skill and have pride playing for SMCHS.
ATHLETIC REGISTRATION AND CLEARANCE

Spring Physicals will be held May 20, 2019 from 5:30 to 8:00 in the Moiso Pavilion (gym). This is your opportunity to have your student-athlete’s Pre-Participation Physical Exam completed by an orthopedic surgeon or physicians’ assistant. Each student-athlete is encouraged to discuss any past, present, or future concerns with the medical team on the day of the event.

DOWNLOAD PHYSICAL FORM CLICK HERE

New this year, each student-athlete will be required to be registered via AthleticClearance.com prior to entry to be screened via the Pre-Participation Physical Exam. The athletic registration process includes all the necessary forms required by the NFHS, CIF, state of CA, Diocese, and school. Your coach may require additional forms. Upon exiting the building, your student-athlete will be assisted in uploading their forms and attaching them to their sport registration(s).

TO BEGIN THE PROCESS CLICK HERE

Please schedule your arrival time based upon the first sport your student will be participating in during the 2019-2020 school year.

Fall Sports 5:30pm: Cross Country, Football, Girls' Golf, Girls' Tennis, Girls' Volleyball, Boys' Water Polo

Winter Sports 6:15pm: Boys' Basketball, Boys' Soccer, Girls' Basketball, Girls' Soccer, Girls' Water Polo, Wrestling, Cheer, Ice Hockey

Spring Sports 7:00pm: Baseball, Boys' Golf, Boys' Tennis, Boys' Lacrosse, Girls' Lacrosse, Boys' Track and Field, Boys' Volleyball, Girls' Lacrosse, Girls' Track and Field, Softball, Boys' Swimming and Diving, Girls' Swimming and Diving

Tickets are $30 per student. Tickets and preregistration will be checked at the door

PURCHASE YOUR TICKET(S) CLICK HERE

Must be cleared prior to attending camps.

Please also direct any questions you may receive to the Sports Medicine web page or Mike Kingsbury and myself... Kingsburym@smhs.org andersonni@smhs.org. For links to referenced websites and documents, please copy those that are on the Sports Medicine webpage.
PRACTICE TIMES

* TEAM SNAP/ WEEKLY EMAIL*

VARSITY- MON 2-4  possible weights 4-5pm. Wednesday 3-5 possible weights.

JUNIOR VARSITY- Monday 2-4 / Wednesdays 3-5

FROSH/SOSH- Monday 2-3:30 / Wednesdays 3-4:30

FRESHMEN- Monday 3:30-5 / Wednesdays 4:30-6

*** GAME DAYS ARE USUALLY TUESDAY/ THURSDAY***

FRESHMEN- 3:30

FROSH/SOPH- 3:30  JV- 4:30  V- 5:30/6 PM
GAME DAY EXPECTATIONS

HOME GAMES- VARSITY REFS FS/F, F REF JV, JV REFS VARSITY. FS WORKS GATE/SNACK BAR.

ALL GIRLS MUST STAY FOR 2 GAMES OF VARSITY UNLESS THEY CONTACT THEIR COACH AND ASK IF THEY CAN LEAVE EARLY FOR SCHOOL REASONS.

BUSSSES WILL BE PROVIDED FOR MOST AWAY GAMES!

YOU ARE RESPONSIBLE TO TAKE YOUR CHILD HOME, IF YOU CANNOT YOU MUST SEND THEM HOME WITH A PARENT WHO IS CLEARED THROUGH THE SCHOOL!!

PLEASE SEE PAT MOLLICA IF YOU WOULD LIKE TO BE A PARENT DRIVER.
ALL PLAYERS MUST SELL ADVERTISEMENTS! * DUE BY TBD ONLINE FORM!!

- VARSITY- $ 250
- JV, FS, F, $ 150

- https://www.smhs.org/cf_forms/view.cfm?formID=209

- PLEASE SEE THE EXAMPLES FOR REFERENCE
TeamSnap is an award-winning mobile and web service for managing recreational and competitive sports teams and groups. With a simple but powerful online interface, TeamSnap makes it easy to keep track of rosters, schedules, game and practice attendance and availability, team payments and more.
Drivers Clearance

Any Coach or Parent who is driving students must be cleared through HR's, Joanne Lado or Pat Mollica

1) Go to smhs.org
2) Select “Parents”
3) Select “Volunteers”
4) Complete paperwork/fingerprinting as specified
5) New this year: Complete driving safety online course found at CMGconnect.org and print completion certificate to submit with other certificates
6) Bring paperwork to Joanne Lado with valid license and copy of insurance
7) Drivers from previous seasons need to provide updated insurance information, current CDL annually.

Driving age is now 21
Early Dismissal- Student Athlete Responsibility

Communicate the following to your athletes:

1. leaving class before their designated time will result in disciplinary action

2. Students must be prepared for the class the day they are leaving. If a game is cancelled and a test is being given, the student must be prepared. No excuses will be accepted.

3. Students are responsible for making any missed tests or in class assignments. Students are not given additional days to make up assignments from classes that were missed due to athletic participation.

4. Student athletes must be prepared to turn in homework before leaving early for athletic events. They are responsible for making arrangements to meet with the teacher before/after school, at lunch, or remaining after class on the days prior to early dismissals in order to go over work or tests. Student athletes must take initiative to work with their teachers during their sports season.
GAME DAY DRESS & EXCLUSION FROM PRACTICE AND GAMES

Game day dress

The dress code for game days is the same as any other school day. Please communicate to your athletes that violation of this rule will result in disciplinary action.

Exclusion from practices and games

Students must be in school by 10am on a regular start day or 11am on a late start day to be eligible for practice or competition. Verified medical appointments are the exception to this rule. Absence lists are sent to head coaches each day. This policy is enforced by coaches, not the Attendance Office. (School rule, not CIF requirement).
Thank you all for your continued support for the SMCHS Girls Volleyball Program～!

Go Eagles!!